

Tuesday, 26 April 2016

Dear Parent,

Bikeability Cycle Training

We are delighted to inform you that your child is being offered cycle training to the National Standards, known as 'Bikeability'. The training, which is fully funded, takes place during normal school hours and will be to level 2 of the National Standards. Your child will be trained by Cycle Training East Instructors who are fully accredited to 'Bikeability National Standards'. Further details of Bikeability are available at www.cycletrainingeast.org.uk.

The course consists of 4 x 2 hours training. Children who successfully complete the course will receive a certificate and badge to the appropriate level.

The dates of each session are 3rd & 4th May, 5th & 6th May, 9th & 10th May & 11th & 12th May. Those children wanting to take part will be allocated onto one of these course dates by the school to cause as little disruption to lessons over that fortnight.

Checklist for Cycle Training (Please keep for reference)

1. A **roadworthy bike** - At least check tyres are inflated and both brakes are fully functional
2. An undamaged cycle helmet - Please check this fits and straps are fully adjusted
3. Asthma Inhalers - If child requires one (training may take place some distance from school)
4. Waterproof top - This may be carried in a small light rucksack
5. Trousers with narrow bottoms - or cycle clips
6. Gloves
7. Trainers or flat soled lace up shoes

Please return the attached Child Consent/Booking Form if you would like your child to receive this training.

Ms Oxley & Mr Holmes
Year 5