

Tuesday, 11 December 2012

Dear Parents or Carers,

SCHOOL MEALS

I would like to take this opportunity to confirm that our school menus fully comply with the latest food & nutrient standards and include a high proportion of home made dishes, prepared using locally / regionally sourced produce.

At the start of the Spring term in January, the price of a primary school meal will increase to **£2.20** per day (an increase of 10p). Our meals still represents excellent value for money for a freshly prepared and tasty two course cooked meal. A school lunch also compares well when you consider the time and cost of providing a cold packed lunch from home.

Our caterers 'eats' provides school lunch services to 97% of Suffolk Primary schools, however for the school to operate a cost effective service, we need to have as many pupils eating a school lunch as possible. We strongly believe that the lunchtime meal is an important part of the school day.

Choosing a school lunch helps children by:

- Providing a tasty, nutritious and great value for money meal (that meets latest lunch standards)
- Helping them to concentrate, learn and develop their social skills
- Providing a balanced diet and the chance to try new foods
- Enjoying their lunch in a safe and supervised environment with their friends
- Showing in school what we mean by a healthy and balanced diet

By opting for a school meal whenever possible, we will be able to support your own efforts to develop your child's attitude towards food, whilst enjoying the benefits of a tasty hot lunch with their friends.

Yours sincerely

Steve Wood
Head Teacher